

Camp Activities Schedule

Group 1

8:00 am – 9:00 am	Arrival Time – Supervised Open Gym
9:00 am – 9:15 am	Obstacle Course #1
9:15 am – 9:30 am	Obstacle Course #2
9:30 am – 9:45 am	Game #1
9:45 am – 10:00 am	Game #2
10:00 am – 10:20 am	Snack Time
10:20 am – 10:40 am	Supervised Open Bounce
10:40 am – 11:00am	Open Tumbling Stations
11:00 am – 12:00 pm	M,W,F Gymnastics – T,TH Trampoline & Tumbling
12:00 pm – 12:30 pm	Lunch Time
12:30 pm – 12:45 pm	Game #3
12:45 pm – 1:00 pm	Relay Races
1:00 pm – 2:00 pm	T,TH Gymnastics – M,W,F Trampoline & Tumbling
2:00 pm – 2:30 pm	Weekly Theme Related Activity
2:30 pm – 2:50 pm	Snack Time
2:50 pm – 3:10 pm	Gymnastics Contest
3:10 pm – 3:25 pm	Game #4
3:25 pm – 4:00 pm	Quiet Games, Quiet Stretch, Gym Clean Up
4:00 pm – 5:00 pm	Wind Down Time (Arts & Crafts, Board Games, Reading, Drawing, etc)